

Go Outside

Tied In Knots

What you need:

Outdoor area



How To Play

This is a fun simple game for a group. Everyone stands in a circle. First, hold out your left hand and grab someone else's hand firmly, not the person standing next to you. Next, hold out your right hand and grab a new person's hand. Everyone should be holding two different people's hand. Now you must try to undo yourselves without letting go of their hands so they are back in the circle!