## Go Outside

## **Sweatshirt Pool Race**

## What you need:

2 Sweatshirts Pool



Set up teams as to how many sweatshirts you have and good swimmers. If you have various levels of swimmers use the short length of the pool so that the weak swimmers can go across the shallow. Each team will have one sweatshirt; the first person on each team will put on the sweatshirt and everyone else will line up behind them. On go the leader will jump into the water and swim across the pool and back. Once back, that player will have to take off the sweatshirt and give to the next player to put on and do the same. But it's not that easy getting a wet sweatshirt off and it's even harder putting on a wet shirt. Some will try to take it off while out of the pool. The easiest and fastest way is to take it off while in the water and while holding onto the hands of the next player so that it slides over the next player's arms. That's the trick but don't tell anyone until one team needs to catch up.



